

SOUP

Cup 6.5, Bowl 8.5

Five rotating soups. Stop by or check the Toast app for today's selections.

MAC & CHEESE

Cup 6.5 Bowl 8.5

SAGE DUO

Any two: cup of soup, half salad, half grain bowl, half sandwich, plus a side of chips or bread - at a 10% discount

KIDDOS

Classic PB&J 5.29

natural peanut butter, strawberry jam, fluffy brioche

Grilled Cheese 5.29

cheddar cheese, thick cut brioche bread

Mac & Cheese 5.99

homemade with cheddar and parmesan

Mini Duo 7.49

A cup of soup and half kids grilled cheese



FALL/WINTER 2026-2027



SANDWICHES

Grilled Cheese

sourdough focaccia, cheddar, gruyere

Halloumi Romesco

charred Halloumi cheese, smoked almond romesco, cucumber, seasonal greens, red onion, house sourdough focaccia

TLT

local tempeh, lettuce, tomato, avocado, vegan dill aioli, sourdough focaccia

Porchetta Pulled Pork

all-natural pulled pork, roasted garlic aioli, pickled fennel slaw, sourdough focaccia

Ham & Gruyere

all-natural smoked ham, gruyere, roasted pueblo pepper jam, sourdough focaccia

Cranberry Dill Chicken Salad

our own chicken salad*, mixed greens, red onions, garlic aioli, sourdough focaccia *contains pecans

half/whole

6.29/10.49

7.49/12.49

8.69/14.49

8.69/14.49

8.69/14.49

8.69/14.49

SALADS

Caesar Salad

romaine lettuce, parmesan, croutons, creamy caesar dressing

Greek Salad

romaine, tomato, onion, kalamata olives, cucumbers, feta, pepperoncini, lemon oregano vinaigrette

Thai Peanut Salad

cabbage, kale, romaine, peas, garbanzo beans, carrots, cilantro, green onions, crunchy peanuts, tangy peanut vinaigrette

Chop Salad

mixed greens, romaine, grape tomatoes, corn, feta, croutons, buttermilk dill ranch dressing, avocado mash, cage-free hard boiled egg

Miso Apple & Carrot Salad

mixed greens, napa kale, feta, red onion, smoked almonds, roasted apples & carrots, miso tahini dressing

Beet & Brussels Salad

mixed greens, romaine, roasted brussels sprouts, pickled beets, goat cheese, red onion, toasted pecans, garbanzo beans, dried cranberries, maple balsamic vinaigrette

half/whole

7.49/11.49

7.49/11.49

7.69/11.79

8.49/12.99

8.49/12.99

8.49/12.99

GRAIN BOWLS

Med Bowl

mixed greens, garbanzo beans, feta, cucumber, tomato, kalamata olives, lemon oregano vinaigrette, red pepper almond romesco

Cremini Bowl

mixed greens, roasted cremini mushrooms, bleu cheese, tomatoes, carrots, red onions, maple balsamic vinaigrette, avocado mash

Sweet Potato & Beet Bowl

shaved cabbage & kale, chipotle roasted sweet potatoes, pickled golden beets, goat cheese, red onion, spiced pepitas, maple balsamic vinaigrette

Hummus & Brussels Bowl

mixed greens, roasted brussels sprouts, golden beet hummus, fennel slaw, croutons, lemon oregano vinaigrette

half/whole

7.69/11.79

8.49/12.99

8.49/12.99

8.49/12.99

Make it even better!
Add on:

Chicken 2/3.5

Tofu 2/3.5

Tempeh 3.5/6

Steak 3/4.5

Pulled Pork 3/4.5

Chicken Salad 4/7

Hard Boiled Egg 2

Avocado Mash 2

Romesco 2